



MARRIAGE & FAMILY LIFE

QUESTIONNAIRE ON IMPROVING MARITAL RELATIONSHIP WITH YOUR SPOUSE

Guideline Instructions:

- 1) Spouses should work together on this project by making the most correct choice trusting God to revitalise your relationship afterwards.
- 2) It's important that utmost honesty be demonstrated on this project
- 3) Please cooperate with the Holy Spirit in bringing inner healing to your soul, home and family.
- 4) Discuss these questions at home; pray together and improve your relationship.
- 5) ***I will love to have a feedback if you've being blessed or have some suggestions and require some counselling.***

DISCUSSION: (T – TRUE; F – FALSE)

Q1. You plan your finances and all other things together as husband and wife - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

Q2. The family prays regularly, say each morning and/or evening; and conduct family Bible sessions at least once or twice weekly - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

Q3. My husband prays for me and with me each morning and/or evening - **Wife: a) T, b) F. {T = 1; F = 0}**

Q4. My spouse respects me and treats me with utmost dignity - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

Q5. I've verbally, emotionally or physically insulted and abused my spouse since we got married - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 0; F = 1}**

Q6. I completely trust my spouse in all things - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

Q7. My spouse love for me have has gradually declined since we got married - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 0; F = 1}**

Q8. Except for sex, my spouse seldom holds or hugs or caudles me passionately in public or at home - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 0; F = 1}**

Q9. My spouse never uses any of the three words – **sorry, thanks and please** any more - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 0; F = 1}**

Q10. My spouse never apologizes to me when wrong - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 0; F = 1}**

Q11. I'd love to discuss personal problems with my spouse but shows no interest so I share with family members or intimate friends - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 0; F = 1}**

Q12. I buy my spouse clothing's and occasional gifts - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

Q13. We celebrate and mark my spouse birthday annually but he/she always forgot mine - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

Q14. I buy my wife flowers/cards/gifts on Mother's day - **Husband: a) T, b) F {T = 1; F = 0}**

Q15. I buy my husband flowers/cards/gifts on Father's day - **Wife: a) T, b) F. {T = 1; F = 0}**

Q16. We celebrate our anniversary by exchanging cards, flowers, special gifts, dinner and romance each year - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

Q17. Valentine's Day is very special for my spouse and me - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

Q18. Apart from the Godhead, my spouse surpasses anybody in this world to me - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

Q19. The Lord knows that I have forgiveness and forgetfulness in my heart for my spouse - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

Q20. This encounter is the only major time I've sat with my spouse to discuss together in a very long time - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 0; F = 1}**

Q21. I wear my wedding ring always to demonstrate my marital commitment and status - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

Q22. My spouse helps with house chores - **Husband: a) T, b) F; Wife: a) T, b) F. {T = 1; F = 0}**

SCORES RECORD:

T = 14 indicates Excellent; **T = 10-13 indicates** Good; **T = 6-9 indicates** Fair; **T = 5 & below indicates** Poor.

NOTE: We trust that at the end of this questionnaire, spouse will improve on their marital life and value the relationship and be completely revitalised by the grace of God. This is my prayers in Jesus name, amen.

Rev Chukie MORSI

Presiding Pastor